

Jazzy Vegetarian CLASSICS

Vegan Twists on American Family Favorites



“Who new vegan treats could be so scrumptious! Anyone who’s tasted Laura Theodore’s food knows. Try her new amazing dishes...with a twist!”

- Ed Begley, Jr.

Classic American meals just became healthier and more delicious with Laura Theodore’s vegan twist on traditional family fare. With over 150 quick-to-prepare and gourmet-style dishes, **Jazzy Vegetarian Classics** features Laura’s creations, such as *vegan shish kebabs, burger and fries, spaghetti and ‘wheatballs,’* and other spins on time-honored favorites, such as *black forest pecan pie* and *decadent chocolate-ganache cake*. Filled with easy-to-follow crowd-pleasing recipes, this cookbook contains all of the recipes featured in Season Three, plus many more!

Fun and simple to incorporate into anyone’s lifestyle, **Jazzy Vegetarian Classics** provides wholesome full-menu plans for everything from weekday meals to special celebrations such as parties and holiday dinners. Laura even includes suggestions on how to present appetizing, plant-based meals in unique and festive ways, with her “Jazzy Music Pick” for each menu to help set the mood.

Written for everyone—from seasoned vegans looking for innovative new dishes, to casual home cooks interested in adding one or two plant-based meals a week to their repertoire—**Jazzy Vegetarian Classics** includes guides to the basics of vegan cooking coupled with a glossary of common ingredients. Laura also provides simple instructions on how to use a variety of substitutes for “veganizing” timeless main dishes, desserts, soups, salads, and so much more!

Put on some good music and embrace a healthy, delicious, and jazzy lifestyle!