

LAURA THEODORE

BIO

Laura Theodore is a TASTE award-winning, recognized public television personality, recording artist, cookbook author, and vegan chef. Laura is the on-camera host of the highly successful, award-winning, *Jazzy Vegetarian* vegan cooking series on public television, and she hosts the popular plant-based podcast radio show, *Jazzy Vegetarian Radio*. Ms. Theodore is author of three vegan cookbooks including: *Laura Theodore's Vegan-Ease*, *Jazzy Vegetarian Classics*, and *Jazzy Vegetarian*. Laura is featured in the new, groundbreaking documentary film, *Food Choices*, and she was recently featured on *The Talk* on CBS, *Insider/Entertainment Tonight* (HBO Red Carpet), *News 4-NBC*, *Fox News 8*, *The Better Show* and the *WCBS Health & Wellbeing Report*. Ms. Theodore writes for *Mother Earth Living* and she has been featured in the *New York Times*, *New York Daily News*, *VegNews*, *Family Circle*, *Readers Digest*, *PBS Food*, *Naked Food*, and *Healthy Aging*, among other highly respected news, food and lifestyle-related journals. Laura's popular PBS show, *Jazzy Vegetarian*, was recently awarded a 2015 TASTE Award for *Best Health and Fitness Program (Food and Diet)*, and in September 2015, *Laura Theodore / Jazzy Vegetarian* was inducted into the 2015 TASTE Hall of Fame.

Read more at: www.lauratheodore.com and www.jazzyvegetarian.com